

PHENOL ACID PEEL AFTER CARE

DAY OF PROCEDURE

- * Keep treated area covered with EltaMD Laser Balm.
- * Mist with Avene Thermal Spring Water over treated area to keep skin cool.
- * Re-apply EltaMD Laser Balm as many times as needed throughout the day to keep treated area moist.

 (Do not allow the treated area to dry up.)

DAY AFTER ACID PROCEDURE

- 1. Remove old Laser Balm with vinegar and water mixture, by splashing and blotting treated area. (Vinegar and water recipe below.)
- 2. Rinse face with vinegar and water mixture and blot dry.
- 3. Spritz with Avene Thermal Spring Water to moisten wound.
- 4. Re-apply fresh coat of Neova CU3 Tissue Repair over wound.
- 5. Repeat 4 to 6 times a day.
- 6. For overnight, apply the EltaMD Laser Balm.

DAY 2 AFTER ACID PROCEDURE

- 1. Cleanse off Laser Balm with Hymed Gentle Cleanser and rinse with tap water.
- 2. Spray on Avene Thermal Spring Water and pat/press water into skin to moisten wound.
- 3. Apply a fresh coat of CU3Tissue Repair cream on wound.
- 4. Repeat 3 to 5 times a day...to keep skin pliable.

DAY 3 AFTER ACID PROCEDURE

Peeling Begins:

- 1. Cleanse off CU3 with Hymed Gentle Cleanser and rinse with tap water.
- 2. Fill Bowl with the vinegar & distilled water, splash and pat off sloughing skin. The more you splash and pat, the more skin will loosen. (DO NOT FORCE OFF SKIN)
- 3. Spray on Avene Thermal Spring Water and pat/press into skin.
- 4. Apply fresh coat of CU3 Tissue Repair.
- 5. Repeat 4 to 6 times a day to keep wound moist.

 Nur	se	Physic	 cian	Patient or Responsible P	arty
MIXTURE:	Mix Distilled V	VHITE Vinegar = 1 1	reaspoon (N	Not more) Into Distilled Wate	r = 2 CUPS

If you have any questions or concerns, please call the office.

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